

Weight Assessment and Counseling for Nutrition and Physical Activity for Children and Adolescents (WCC)

Description of Measure

Percentage of members ages 3 – 17 who had an outpatient primary care provider or OB/GYN and had evidence of the following during the measurement year (MY):¹

- Body mass index (BMI) percentile
- Counseling for nutrition
- Counseling for physical activity

Exclusions

Patients are excluded if they are:

- In hospice or using hospice services in MY
- Members who have died in MY
- Members with a diagnosis of pregnancy in MY

Documentation

- The following medical detail includes, but not limited to:
 - Growth charts
 - History and physical
 - Progress notes
 - Vital sheet
 - Check lists
- The following documentation meets criteria for both nutritional counseling and physical activity:
 - Weight or obesity counseling
 - Counseling for eating disorders
 - 9-5-2-1-0 or 5-2-1-0
- BMI documentation must include:
 - Body Mass Index or BMI, and
 - Percentile or %
- Nutritional Counseling:
 - Discussion of current nutrition behaviors
 - Counseling or referral for nutrition education
 - Anticipatory guidance
 - Documentation that the member received or was provided educational materials during the visit



**BlueCross
BlueShield**

Federal Employee Program.

This document is FOR PROVIDER USE only

- Physical Activity Counseling:
 - Exam for sports participation
 - Discussion of current physical activity
 - Discussion of participation in sports activities
 - Documentation that the member received or was provided educational materials during the visit

Codes

BMI Percentile	
ICD-10 Diagnosis	Z68.51, Z68.52, Z68.53, Z68.54
Counseling for Nutrition	
CPT/ CPTII	97802, 97803, 97804
ICD-10 Diagnosis	Z71.3
Counseling for Physical Activity	
ICD-10 Diagnosis	Z02.5, Z71.82

Tips for Success	<ul style="list-style-type: none"> ■ A BMI percentile or BMI percentile plotted on an age growth chart meets compliance. A BMI value will not meet compliance for this age range. Always record members height and weight in the medical record. ■ BMI percentile ranges or thresholds will not meet compliance. ■ Weight assessment and counseling for nutrition and physical activity can be completed at any appointment, not just well-child visits. However, services specific to an acute or chronic conditions will not meet compliance for counseling for nutrition or physical activity.

Resources

- I. National Committee for Quality Assurance, HEDIS® Measurement Year 2023 Volume 2 Technical Specifications for Health Plans

Arkansas Federal Employees Group is an affiliate of Arkansas Blue Cross and Blue Shield. Arkansas Blue Cross and Blue Shield is an Independent Licensee of the Blue Cross and Blue Shield Association. © 2023 Arkansas Blue Cross and Blue Shield. All rights reserved.