Mental health and Substance abuse

Medical benefit billing guide

September 2024



Relevant provider types & services

- Licensed clinical psychologist
- Licensed clinical social worker (LCSW)
- Licensed marriage and family therapist (LMFT)
- Licensed professional counselor (LPC)
- Licensed psychological examiner (LPE)
- Community psychiatric nurse (CNP)
- Applied behavior analysis (ABA)
- Residential treatment center (RTC)
- Substance use treatment
- Intensive outpatient treatment (IOP)
- Partial hospitalization program (PHP)





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Credentialing steps



Medical benefit eligibility

- Arkansas Blue Cross and Blue Shield will contract directly with:
 - Ph.D.
 - LCSW
 - LMFT
 - LPC
 - ABA
 - LPE
- Must be eligible for all government programs





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- To initiate application:
 Email your regional
 Network Development support staff
- Network application & attestation:
 All pages must be
 completed, signed and dated
- Provider application:
 - Both pages must be completed
 - All required documentation must be returned





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The complete application with all supporting documentation must be returned at the same time. Any incomplete packets will be returned to the provider. If only signature pages are returned, without every page of the contract, they will be rejected.

- Authorization for clinic group billing: Complete to direct payments to a clinic or group billing entity
- Network participation agreements: Sign/initial and date in all applicable areas
 - Note: Leave effective date blank
- Tax coupon, W-9 or IRS letter:
 To verify employer identification number (EIN)
- Current state license





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Once the clinic is created, then each provider should be linked to the clinic. This will allow for you to bill for the rendering provider, directing the payment to the clinic. **Even** if you chose to operate as a **solo provider**, it is **recommended** to set up a clinic with your tax ID and banking information for payments.

- Professional liability insurance includes coverage for medical negligence/malpractice
 - Minimum amounts:
 - \$1 million per occurrence
 - \$3 million per calendar year
 - Policy limits summary with:Per-occurrence limit

 - · Annual aggregate limit
 - Effective date expiration date will be acceptable

Note: General liability coverage will not satisfy this requirement





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If your organization carries your professional liability coverage for you, then your name must be listed on the policy provided to Arkansas Blue Cross.

- General liability or comprehensive public liability insurance, including:
 - Coverage for accidents or other incidents that:
 - · Cause injury to any person or property
 - Occur on or about the premises of the clinic
 - Minimum amounts:
 - \$200,000 per person, per occurrence
 - \$600,000 per occurrence, per calendar year





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When creating the clinic or pay-to entity which is your clinic's name, you will need your certificate of general liability coverage.

Networks



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Networks review

Contracts cover multiple lines of business

- Preferred Payment Plan (PPP)
- True Blue PPO (preferred provider organization)
 - Exchange business Health Advantage & Octave Blue Cross and Blue Shield
- Health Advantage HMO (health maintenance organization)
- Arkansas Blue Medicare PFFS (Private fee-for-service)
- Arkansas Blue Medicare HMO USAble
- Arkansas Blue Medicare PPO USAble
- Arkansas Blue Medicare Classic HMO





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There will be four main contracts offered to providers:

- PPP
- True Blue PPO, serving Exchange business, including Health Advantage and Octave Blue Cross and Blue Shield
- Health Advantage
- · Arkansas Blue Medicare

Arkansas Blue Medicare does not contract with all providers types. Arkansas Blue Medicare, per CMS, will extend contracts to Ph.D.s, LCSWs, LMFTs, PA's, CNP's and LPCs.

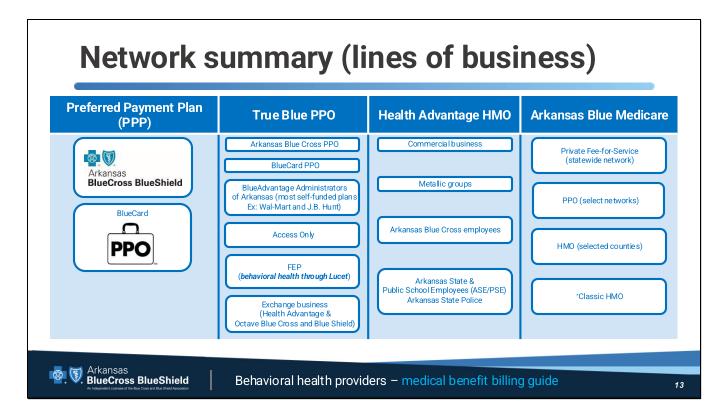


 $\frac{https://www.cms.gov/files/document/mln1986542-medicare-mental-health-coverage.pdf}{}$

Medicare Advantage card examples



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BlueCard – BlueCard members are members whose insurance coverage is provided by another state's Blue Plan. These members may work and/or reside in Arkansas, but Arkansas Blue Cross Blue Shield is not their Home Plan. Example: Lennox employees in Stuttgart are insured by Blue Cross and Blue Shield of Texas because the Lennox home office is in Texas. Therefore, Blue Cross and Blue Shield of Texas will determine benefits. Arkansas Blue Cross receives claims and prices them at our network rates, but the claims are forwarded to the **home** plan for benefits to be applied. This means Arkansas Blue Cross **does not** determine how benefits are applied or to which provider types benefits are allowed. Please note that some BlueCard claims may deny as "provider not allowed to render these services" and will need to be written off, per provider contract.

Self-funded – Companies who fund payment of their own claims through Arkansas Blue Cross. All BlueAdvantage plans – Walmart, J.B. Hunt, Arkansas State Employees & Public School Employees, etc. – are self-funded and determine their own benefits.

Behavioral health for members of the Federal Employee Program (FEP) is administered through Lucet. Providers should contact Lucet to join their behavioral health network.

Providers will receive multiple contracts PPP, True Blue PPO and Health Advantage. Under each contract there are multiple lines of business.

Medicare Advantage allow Ph.D.s, LCSWs, LMFTs, PA's, CNP's and LPCs to participate in the Medicare Advantage networks.

Billing in Availity



Enrolling to submit claims

- Clearinghouse Claims can be submitted through your clearinghouse to Availity (claim type 837p)
- Availity To submit claims, verify eligibility and perform other functions related to Arkansas Blue Cross in Availity Essentials Portal (via Direct Data Entry), Availity enrollment is required (www.availity.com/arkansasbluecross)
- Availity Client Services
 - Call 800-282-4548 for any questions or assistance with enrollment





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What is Availity?

- Availity Arkansas Blue Cross electronic gateway or EDI (electronic data interchange)
- Availity Essentials Portal the online provider portal allowing providers to connect with Arkansas Blue Cross for the following:
 - Eligibility and benefits
 - Direct Data Entry
 - Claim corrections
 - Claim status
 - Fee schedule review
 - Remittance advice access
 - Message the Payer
 - Availity Learning Center





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Availity training

- Once you have registered and logged into the Availity portal, there is training specific to Arkansas Blue Cross
 - This is essential to your success in billing and all the other services listed previously





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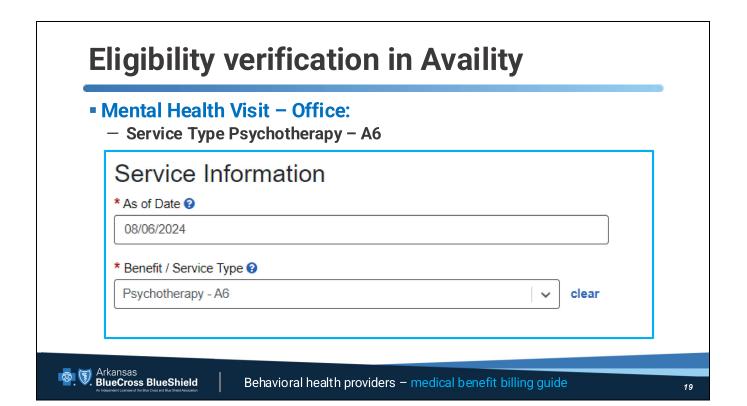
How do I learn to use Availity?

- Availity Learning Center free on-demand and live training
 - Log in and select Help & Training to search for demos
 - To search for Arkansas Blue Cross-specific training, type the word Arkansas in the search field (upper right corner of the training catalog) to access topics like:
 - · Availity Introduction
 - · Administrator Training
 - EDI Reports
 - Claim Submission
 - Availity training is highly recommended prior to using Availity Essentials Portal
- Availity support
 - In the Help & Training menu, select Availity Support
 - Select Contact Support or call Availity at 800-282-4548





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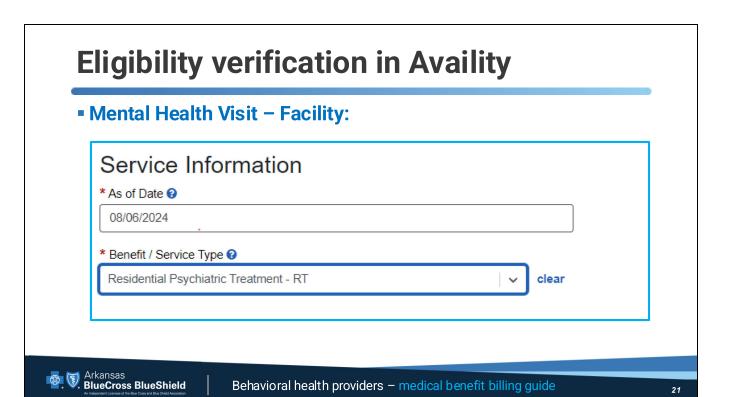
Eligibility verification in Availity

Mental Health Visit – Office:



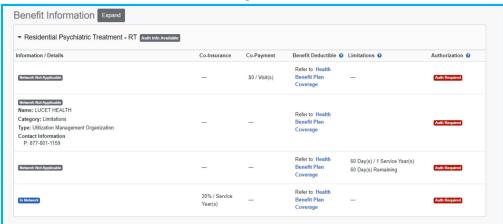


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Eligibility verification in Availity

Mental Health Visit – Facility:





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Reimbursement guidelines



Reimbursement guidelines

LCSW - LMFT - LPC - APRN - PA -ABA

- PPP 75% of the Arkansas Blue Cross fee schedule
- True Blue PPO 75% of the Arkansas Blue Cross fee schedule
- Exchange/Metallic 68% of the Arkansas Blue Cross fee schedule (Octave Blue Cross and Blue Shield)
- Heath Advantage 75% of the Arkansas Blue Cross fee schedule
- Arkansas Blue Medicare* Traditional Medicare pricing





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2

PPP, True Blue PPO, and Health Advantage reimburse at 75% of the fee schedule. Exchange/Metallic plans reimburse at 68% of the fee schedule.

* Arkansas Blue Medicare, for those who participate in these networks, will reimburse at traditional Medicare pricing.

Reimbursement guidelines

Psychiatrists & psychologists

- PPP 100% of the Arkansas Blue Cross fee schedule
- True Blue PPO
 - 100% of allowable E&M codes
 - 90% all other allowable codes of the Arkansas Blue Cross fee schedule
- Exchange/Metallic (Octave Blue Cross and Blue Shield)
 - 90% allowable E&M codes
 - 68% all other allowable codes of the Arkansas Blue Cross fee schedule
- Health Advantage
 - 100% of allowable E&M codes
 - 90% all other allowable codes of the Arkansas Blue Cross fee schedule
- Arkansas Blue Medicare Traditional Medicare pricing





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PPP will reimburse at 100% of allowed codes, True Blue PPO, and Health Advantage reimburse at 100% of allowed E&M codes and 90% of allowed codes on the Arkansas Blue Cross fee schedule. Exchange/Metallic plans reimburse at 90% of billable E&M codes and 68% of all other allowed codes of the Arkansas Blue Cross fee schedule.

Reimbursement is a percentage of the Arkansas Blue Cross fee schedule except for Arkansas Blue Medicare.

Disclaimer

- The following slides are subject to coverage policy changes and updates
- CPT code changes that occur yearly will be updated as soon as possible





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Reimbursable codes for LCSWs

90785	90853	96160	99404	99492	G0323
90791	92597	96161	99406	99493	Q3014
90832	96110	99199	99407	99494	S9127
90834	96116	99354	99408	99495	S9140
90837	96121	99355	99409	99496	S9452
90839	96125	99367	99411	G0017	
90840	96127	99368	99412	G0108	
90846	96156	99401	99415	G0109	
90847	96158	99402	99416	G0018	
90849	96159	99403	99484	G0155	



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Reimbursable codes for LMFTs

90791	96160	99411
90832	96161	99412
90834	99401	99484
90837	99402	99495
90839	99403	99496
90846	99404	G0017
90847	99406	G0018
90853	99407	
96110	99408	
96127	99409	



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Reimbursable codes for LPEs

90785	90853	96113	96137	99355	99412
90791	90885	96116	96138	99401	99415
90832	90887	96121	96139	99402	99416
90834	90889	96125	96146	99403	G0017
90837	90899	96127	96156	99404	G0018
90839	96020	96130	96158	99406	G0018
90840	96040	96131	96159	99408	G0108
90846	96105	96132	96160	99409	G0109
90847	96110	96133	96161	99407	S9140
90849	96112	96136	99354	99411	S9452



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Reimbursable codes for LPCs

90785	90853	96158	99406	99493
90791	90885	96159	99407	99494
90832	90887	96160	99408	99495
90834	90889	96161	99409	99496
90837	96040	99354	99411	G0017
90839	96110	99355	99412	G0018
90840	96112	99401	99415	G0155
90846	96113	99402	99416	G0323
90847	96127	99403	99484	Q3014
90849	96156	99404	99492	



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Reimbursable codes for behavioral analysts

CPT codes	CPT codes	Covered diagnosis codes		
0362T	97154	F84.0		
0373T	97155	F84.3		
97150	97156	F84.5		
97151	97157	F84.8		
97152	97158	F84.9		
97153				



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Reimbursable codes for psychologists

90785	90853	96113	96137	96165	99406	G0018	S9482
90791	90885	96116	96138	99199	99407	G0108	S9484
90832	90887	96121	96139	99354	99408	G0109	S9485
90834	90889	96125	96146	99355	99409	G0323	
90837	90899	96127	96156	99367	99411	G0409	
90839	96020	96130	96158	99368	99412	G0410	
90840	96040	96131	96159	99402	99415	G0411	
90846	96105	96132	96160	99403	99416	S9140	
90847	96110	96133	96161	99401	99484	S9452	
90849	96112	96136	96164	99404	G0017	S9480	



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APRN/CNP/PA mental health covered codes

- Refer to the coverage policy for APRNs/CNPs/PAs
 - secure.arkansasbluecross.com/members/ report.aspx?policyNumber=2008010
 - <u>secure.arkansasbluecross.com/members/report.aspx?policyNumber=2008013</u>
 - secure.arkansasbluecross.com/members/ report.aspx?policyNumber=2008014
 - secure.arkansasbluecross.com/members/ report.aspx?policyNumber=2008015





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3.

The coverage policy for APRNs, CNPs, PAs are not specific to mental health. The following two slides are specific to mental health.

APRN/CNP mental health covered codes

CPT-90863

(Pharmacologic management, with medical evaluation and management services - PPUR edit U5783)

- Providers must meet the **following qualifications** to receive reimbursement
 - Collaborative agreement and Quality Assurance Plan with one or more participating psychiatrists
 - Note: Not required for providers who hold a certificate of full independent practice from the Arkansas State Board of Nursing
 - Board-certification by the American Nursing Credentialing Center (ANCC) in at least one of the following specialties:
 - Adult Psychiatric & Mental Health NP
 - Family Psych & Mental Health NP
 - Adult Psychiatric & Mental Health CNS
 Child Adolescent Psych & Mental Health CNS
 - Applicants who are not board-certified in one of those specialties may be considered if they meet the ANCC's PMHNP-BC or PMHCNS-BC eligibility criteria





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3.

Newly credentialed providers' qualifications are reviewed upon credentialing, but future review must be initiated by the provider by submitting an updated CV.

APRN/CNP mental health covered codes

- Reimbursement for the following codes is permitted for mental health providers who:
 - Meet requirements for CPT 90863 and have either:
 - · 2 years+ of relevant post-master's-degree clinical experience
 - 5 years+ of psychiatric nursing experience and are enrolled in a master's-level educational program
 - CPT 90791 (Psychiatric diagnostic evaluation)
 - CPT 90792 (Psychiatric diagnostic evaluation with medical services)
 - CPT 90832 (Psychotherapy, 30 minutes with patient and/or family member)
 - CPT 90833 (Psychotherapy, 30 minutes with patient and/or family member when performed with an evaluation and management service)
 - CPT 90834 (Psychotherapy, 45 minutes with patient and/or family member)
 CPT 90836 (Psychotherapy, 45 minutes with patient and/or family member)
 - CPT 90836 (Psychotherapy, 45 minutes with patient and/or family member when performed with an evaluation and management service)
 - CPT 90837 (Psychotherapy, 60 minutes with patient and/or family member)
 - CPT 90838 (Psychotherapy, 60 minutes with patient and/or family member when performed with an evaluation and management service)
 - CPT 90839 (Psychotherapy for crisis; first 60 minutes)





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3

A request must be sent to the PNO area or an NDR with the specific information for review to be added for the above codes.

Tips for success



Claim-filing tips

- Place of service: 11 for Clinic
- Rendering provider: Individually contracted providers should use their NPI when rendering services
- "Pay-to" or billing provider:
 Should be Clinic/Group NPI
 (this is the NPI the claim will be paid to)





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3

Place of service 11 *must* be used in the Clinic setting. Even if you are a solo provider, we **highly recommend** setting up a "group/clinic" with your Tax ID to be your "Pay-to". The Group NPI will be your "Service Location" (block 32) on your claim. Your individual NPI will then be linked to your new group. This will decrease the likelihood of payment errors.

Telehealth

- Please refer to the telehealth policy for telehealth billing
 - secure.arkansasbluecross.com/members/ report.aspx?policyNumber=2015034
- Place of Service 02 or 10 must be used
- Modifier GT or 95 must be used by the distant sight healthcare provider





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3

Please refer to the telehealth coverage policy for codes that are covered via telehealth. **Not** all codes are covered via telehealth.

Correcting a denied claim

- A corrected claim may only be submitted when a claim is denied on a remittance advice (does not pertain to rejections in Availity)
- Choose claim frequency type 7 to submit a correction to a denied claim
 - You will need the original claim number (ICN) from the remittance advice (RA)
- Detailed instructions are available in Availity
 Direct Data Entry training
 - Alternatively, you can submit a corrected claim through your clearinghouse, using claim frequency type 7





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Who to call for help?

- Availity questions Call 800-AVAILITY (800-282-4548)
- Claims inquiries contact Availity or customer service
- Enrollment questions/application requests – please contact the NDR support staff
- Arkansas Blue Cross questions –
 Call/email the mental health NDR with reference numbers for unresolved issues





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1

Please reach out to customer service for any claims-related questions and to Availity for any Availity questions. A reference number will be required prior to reaching out to the NDR or support staff for any claims or Availity questions.

The enrollment process may be initiated by sending email requests to the NDR support staff listed on the following slide. Please make note of the various regions and reach out to the appropriate staff that support your area.

Network development representatives



Arkansas

BlueCross BlueShield

Behavioral health providers

Facilities



Residential treatment centers including IOP/PHP

- Must have Commission on Accreditation of Rehabilitation Facilities (CARF) or Joint Commission (JCAHO) certification
 - Certification will determine if you are approved for detox, residential, IOP or PHP
- State of Arkansas licensed facility
- Detox and Residential contract will read "Residential treatment center"
 - If Detox approved separate rates will be in the addendum portion of the contract
- IOP/PHP contract will read "Behavioral health/substance abuse facility"
 - Benefits are included in RTC benefits





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1

After the provider reaches out to the appropriate region to request network participation, a credentialing packet, including a list of additional information needed, will be forwarded to the provider for completion.

Substance abuse and IOP/PHP benefits will be found under RTC in Availity.

Residential treatment centers including IOP/PHP

- Detox inpatient claims use bill type 11X
 - Revenue code 126
- RTC inpatient claims use bill type with 86X
 - Revenue codes 1001 or 1002
 - No additional allowance for professional services
- Outpatient claims IOP/PHP
 - Bill type 13X
 - Revenue codes 0905, 0906, 0912, 0913 & 0915
 - HCPCS codes S0201 for PHP
 - HCPCS code **S9480** for **IOP**





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Each date of service should be billed on a separate line with the appropriate HCPCS/CPT code. Individual days should not be billed separately. Interim billing is only accepted for more than 14 continuous days of service.

0912 and or 0913 can be billed with HCPS code S0201 0905 and or 0906 can be billed with HCPS code S9480 An RTC, IOP, PHP billing tip sheet can also be found on our website www.arkbluecross.com under the mental health area.

Inpatient hospitals/freestanding facilities

- Inpatient behavioral health embedded in acute-care hospitals must bill under the hospital's NPI
- Freestanding mental health hospitals may require a separate
 NPI number for RTCs





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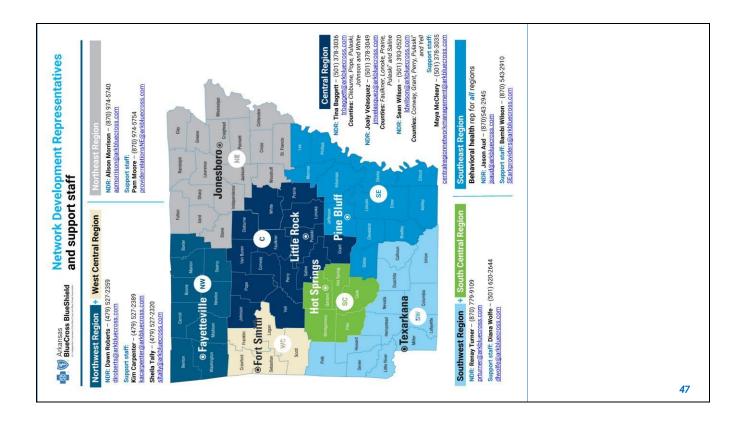
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Traditional Acute Care Hospitals who have imbedded mental health services should bill these services under their acute-care NPI number. Reimbursement will be based on the provider's contract.

Freestanding mental health hospitals may be required to have a separate NPI number for RTC services.

Resources





Heath Information/EDI Services	865-822-2446	edigarlbiaecross com
AM Specially Health I now, Carelon	866-688-1449	www.caretorhouth.com
Arkansas Blue Cross and Blue Shield, Little Bock	(501) 378-2010 or 800. 238-8379	CertomerServiceABCBSgardSvecross.com
Arkansas Blue Cross and Blue Shield Medi Pak Medicare Supplement	(501) 378-3862 or 888- 338-2312	Customer Service ABCBS glant blue cross com
Arkansas Blue Medicare Member Services.	877-233-7622	
Arkansas Bise Medicare Provider Services	880-287-4188 Fax (501) 301-1935	
Arkansas StaterSchool Employees (ASE/PSE)	(501) 378-2364 or 800. 482-8416	CushmerServiceASE@arbinecross.com
Arkansas State/School Employees (ASE/PSE) - Prior Authorization	880-482-8416 Fax (501) 378-6647	CustomerServiceASE@artbluecrea.com CostomerServicePSE@artbluecrea.com
Availity	800.282.4548	https://www.avalifty.com/artansant/harcross.
Blue Advantage Administrators of Arkanoas	(501) 378-3689 or (502) 872-3531	
Blue Card Program (Claim Status)	800-880-0918	ContemerServiceBlackartANCBS@arkbluecross com
Blue Card (Eligbilly)	808.471.81.UE (2583)	Customer Service Blue CardABCBS garbillure rose com
CPC+PCF-PCMH Customer Service Questons about dinic reports	(501) 378-2370	primary caregrat bit across com
CVS Caremank	877-433-2973	WWW.Carantach.com
Enterprise Quality Risk Management (EQSM)		EURINT earnigant bisecross com
Exchange Marketplace Customer Service	8627-008-008	ExchangeCustomerService@at/Silvecross.com
Federal Employee Program (FEP)	(501) 378-2531 or 898. 482-6655	Customer Service EP gant Muectoss, com
HEDIS		eqmileanglathblactoss.com
Heath Advantage	(501) 378-2363 or 800- 843-1329	Cestomer Service NG health aft artage Inno com
Magettan Ex (Ex Management for FEP)	800-443-5709	
National Provider Identifier Assistance	800.465.3203	https://ngiregistry.cms.ths.gov/
New Directions / now, Lucet Health	877.801.1150	www.hcothaath.com
Personal Health Records and E-Prescribing	(501) 378-3253	personal hard gardeness com
Pharmacy Helpline	(501) 378-3392 or 886. 863-5561	managedphamacy@arbhaecross.com
Provider Network Operations (Provider Enrollment/Credentiating)	(501) 210.7050	providemet-werkspackbluecross.com
Provider Reimbursement		providentimbursement@arbhaecross.com
Tyson (Customer Service)	800.452.6199	TysonServiceTeanSisseathclms@antidescriss.com
Waterart (Castomer Service)	866.823.3790	WalmartServiceTeam blaeafychro@artitlaecross com