



# ArkBlue Connect

Case management at your convenience



You're committed to better health by participating in case management. The ArkBlue Connect app makes it easy to talk to your case manager when you want. Use it to ask questions, discuss progress, get educational materials and more.



Send and receive messages in real time



Access on-demand documents and materials



Get instant notifications about important topics



Communicate when it's convenient

No more phone tag — ArkBlue Connect gives you direct access messaging with your case manager.

## How do I get the app

Search and download ArkBlue Connect for free from your app store or use the QR code below. You'll need your member ID number to register your account.

Download for iPhone:



Download for Android:



Nearly half of **ALL AMERICANS** have tried a digital health product

## We're here for you!

Your case manager is part of your healthcare team and conversations are intended to help you understand your health condition(s), stay healthy, find the right care and make better care decisions. You can always call Arkansas Blue Cross and Blue Shield case management at 1-800-225-1891, Monday – Friday, 8 a.m. to 4:30 p.m., CST.



Arkansas **BlueCross BlueShield**

An Independent Licensee of the Blue Cross and Blue Shield Association