

The facts about COLORECTAL CANCER SCREENINGS



Colorectal cancer screenings save lives

Colorectal cancer is the third most common cancer diagnosed in both men and women in the United States according to the American Cancer Society. It is estimated that 104,270 new cases of colon cancer and 45,230 new cases of rectal cancer will be diagnosed this year in the U.S. The earlier colorectal cancer is found, the better your chances for successful treatment and recovery.

If you're an adult 45 or older, here's what's covered by your health plan:

- One colonoscopy every 10 years (members age 40-49 are encouraged to have a screening, and it's covered, if there's a family history of colorectal cancer)
- One flexible sigmoidoscopy every five years
- One fecal test in your doctor's office per year

Our colorectal cancer screening guidelines reflect the U.S. Preventive Services Task Force evidence-based recommendations.

Getting a colorectal cancer screen test could save your life. Contact your healthcare provider today to schedule an appointment. To find a provider near you, sign in or register for Blueprint Portal at arkbluecross.com/blueprint and search for a provider or call the number on the back of your ID card.



Arkansas
BlueCross BlueShield

An Independent Licensee of the Blue Cross and Blue Shield Association