

# 2025 Summary of Benefits

BlueMedicare Saver Choice (PPO) H3554-002 BlueMedicare Premier Choice (PPO) H3554-007

# This Summary of Benefits

This is a summary of the benefits for:

- BlueMedicare Saver Choice (PPO)
- BlueMedicare Premier Choice (PPO)

The benefit information in this document is a summary of what we cover and your cost share. It does not list every service, limitation, or exclusion. To get a complete list of covered services, call us and ask for an "Evidence of Coverage" or "EOC." You can also find all of our EOCs on our website at www.arkbluemedicare.com.

If you'd like to learn more about the coverage and costs of Original Medicare, review the current "Medicare & You" handbook. You can find it online at www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, seven days a week. TTY users should call 1-877-486-2048.

# **Plan Eligibility**

To join, you must:

- Be entitled to Medicare Part A
- Be enrolled in Medicare Part B
- Live in the plan's service area

#### Service Area

The service area is the same for BlueMedicare Saver Choice (PPO) and BlueMedicare Premier Choice (PPO) and includes the following Arkansas counties: Arkansas, Ashley, Baxter, Benton, Boone, Bradley, Calhoun, Carroll, Clark, Clay, Cleburne, Cleveland, Columbia, Conway, Craighead, Crawford, Crittenden, Cross, Dallas, Drew, Franklin, Fulton, Grant, Greene, Hempstead, Hot Spring, Independence, Izard, Jackson, Jefferson, Johnson, Lawrence, Lee, Lincoln, Logan, Lonoke, Madison, Marion, Mississippi, Monroe, Montgomery, Nevada, Newton, Ouachita, Perry, Phillips, Pike, Poinsett, Polk, Pope, Prairie, Pulaski, Randolph, Scott, Searcy, Sebastian, Sharp, St. Francis,

Stone, Union, Van Buren, Washington, White, Woodruff, and Yell.

# BlueMedicare Saver Choice (PPO) and BlueMedicare Premier Choice (PPO) Are PPOs

A PPO is a preferred provider organization offered by a private insurance company. Our PPOs have a network of contracted healthcare providers and facilities – these are in-network providers. Providers and facilities who are not contracted with our plan are considered out-of-network. As a PPO member, you'll have the choice of going to an in-network or out-of-network provider or facility. Generally, your out-of-pocket costs for an out-of-network provider will be higher than for one who is in-network.

As a member of our plan, you'll be asked to choose a primary care provider (PCP) who will coordinate your care when you need to see a specialist or go to a facility. A referral from your PCP is not required for any service. Some services, however, require a prior authorization, which is approval from our plan in advance of you getting the service. Benefits mentioned in this document that require prior authorization are noted with an asterisk (\*).

#### **How to Contact Us**

If you're a current member of one of these plans, call us at **1-844-463-1088** (TTY: **711**). If you're not a member of one of these plans, call us at **1-855-591-9794** (TTY: **711**).

October 1 to March 31: We're available seven days a week from 8:00 a.m. to 8:00 p.m. Central, except for Thanksgiving and Christmas.

**April 1 to September 30:** We're available Monday through Friday, 8:00 a.m. to 8:00 p.m. Central.

You can also visit our website at www.arkbluemedicare.com.

	BlueMedicare Saver Choice (PPO) H3554-002			edicare hoice (PPO) 4-007
Monthly Premium, Deductible, and Limits				
Monthly Plan Premium You must continue to pay your Medicare Part B premium.	\$0		\$4	19
Medical Deductible	This plan does not	have a deductible.	This plan does not	have a deductible.
Annual Maximum Out-of-Pocket Costs It's the most you'll pay out of your own pocket (copays and/or coinsurance) for covered medical services for the year. Once you reach this amount, our plan will pay 100% of your covered medical costs for the rest of the plan year.				
In-network	\$6,	000	\$5,700	
Combined in- and out-of-network	\$9,	550	\$9,550	
For members who travel and live out-of-state for part of the year, we cover out-of-network out-of-Arkansas services at in-network cost sharing if the services are performed by a provider who participates in the Blue Cross and Blue Shield	BlueMedicare Saver Choice (PPO) H3554-002		BlueM Premier Cl H335	noice (PPO)
Association PPO Network Sharing Group.	In-Network	Out-of-Network	In-Network	Out-of-Network
Medical Benefits (benefits that may require pri	or authorization are n	oted with an "*")		
Inpatient Hospital*	\$375 copay per day for days 1–5; \$0 copay per day for days 6–90	40% coinsurance	\$375 copay per day for days 1–5; \$0 copay per day for days 6–90	40% coinsurance

#### BlueMedicare Saver Choice (PPO) H3554-002

**Out-of-Network** 

In-Network

#### BlueMedicare Premier Choice (PPO) H3354-007

**Out-of-Network** 

**In-Network** 

Medical Benefits (benefits that may require pri	or authorization are n	oted with an "*")		
Outpatient Hospital				
Outpatient surgery/non-surgery	\$325 copay	40% coinsurance	\$325 copay	40% coinsurance
Outpatient observation*	\$325 copay	40% coinsurance	\$325 copay	40% coinsurance
Ambulatory Surgical Center (ASC) Services	\$250 copay	40% coinsurance	\$250 copay	40% coinsurance
Doctor Visits				
Primary care provider (PCP)	\$0 copay	\$30 copay	\$0 copay	\$20 copay
Specialist	\$35 copay	40% coinsurance	\$35 copay	40% coinsurance
Preventive Care	\$0 copay	40% coinsurance	\$0 copay	40% coinsurance

#### **Preventive Care – More Information**

Services include: Abdominal aortic aneurysm screening, alcohol misuse counseling, Annual Wellness Visit, barium enema, bone mass measurement, breast cancer screening (mammogram), cardiovascular disease (behavioral therapy), cardiovascular screening, cervical and vaginal cancer screening, colorectal cancer screenings (colonoscopy, fecal occult blood test, flexible sigmoidoscopy), depression screening, diabetes screening, diabetes self-management training, digital rectal exam, electrocardiogram (EKG), glaucoma screening, HIV screening, lung cancer screening, medical nutrition therapy services, Medicare diabetes prevention program, obesity screening and counseling, prostate cancer screening (PSA), sexually transmitted infections screening and counseling, tobacco use cessation counseling (counseling for people with no sign of tobacco-related disease), vaccines (including flu, hepatitis B, and pneumococcal shots), and the "Welcome to Medicare" preventive visit (one-time). Any additional preventive services approved by Medicare during the plan year will be covered.

#### BlueMedicare Saver Choice (PPO) H3554-002

Association PPO Network Sharing Group.	In-Network	Out-of-Network	In-Network	Out-of-Network	
Medical Benefits (benefits that may require prior authorization are noted with an "*")					
	\$125	copay	\$125	copay	
Emergency Room (ER)  If you're admitted to the hospital within 24 hours, you do not have to pay your ER copay.	(If you receive multiple services at the same location (e.g., the emergency room), you will pay the highest copay amount of all the services provided.)		(If you receive multiple services at the sam location (e.g., the emergency room), you w pay the highest copay amount of all the services provided.)		
<b>Urgently Needed Services</b>	\$30 0	copay	\$30 (	copay	
Diagnostic Services/Labs/Imaging					
Diagnostic test – spirometry*	\$0 copay	40% coinsurance	\$0 copay	40% coinsurance	
Diagnostic test – home-based sleep study*	\$0 copay	40% coinsurance	\$0 copay	40% coinsurance	
All other diagnostic tests and procedures*	\$100 copay	40% coinsurance	\$100 copay	40% coinsurance	
Lab services – genetic testing*	20% coinsurance	40% coinsurance	20% coinsurance	40% coinsurance	
All other lab services (except genetic testing)*	0% coinsurance	40% coinsurance	0% coinsurance	40% coinsurance	
Radiology – diagnostic mammogram*	\$25 copay	40% coinsurance	\$25 copay	40% coinsurance	
Radiology – ultrasound*	\$25 copay	40% coinsurance	\$25 copay	40% coinsurance	
All other diagnostic radiology services*	\$325 copay	40% coinsurance	\$325 copay	40% coinsurance	
Radiation therapy*	20% coinsurance	40% coinsurance	20% coinsurance	40% coinsurance	
X-rays*	\$0 copay	40% coinsurance	\$0 copay	40% coinsurance	

#### BlueMedicare Saver Choice (PPO) H3554-002

BlueMedicare Premier Choice (PPO) H3354-007

In-Network Out-of-Network Out-of-Network

Medical Benefits (benefits that may require prior authorization are noted with an "\*")

#### Diagnostic Services/Labs/Imaging – More Information

- If you receive multiple services at the same location (e.g., the emergency room or freestanding diagnostic radiology office), you will pay the highest copay amount of all the services provided.
- If the cost share for one service is a copay and the cost share for another service is a coinsurance, you may be asked to pay both the copay and coinsurance.

Hearing Services				
Medicare-covered hearing exams	\$35 copay	40% coinsurance	\$35 copay	40% coinsurance
Routine hearing exam (1 per year)	\$0 copay	\$0 copay	\$0 copay	\$0 copay
Hearing aid fittings/evaluation (1 year of follow-up visits with hearing aid purchase)	\$0 copay	\$0 copay	\$0 copay	\$0 copay
Hearing aids (Advanced / Premium – up to 2 hearing aids per year, 1 per ear)	\$699 / \$999 copay per hearing aid		Not co	overed
Hearing aid allowance (up to 2 hearing aids per 3 years, 1 per ear) (combined in-network and out-of-network)	Not covered		\$1,	500

#### **Hearing Services – More Information**

- TruHearing providers must be used for the routine hearing exam.
- TruHearing hearing aids must also be used.

#### BlueMedicare Saver Choice (PPO) H3554-002

Association PPO Network Sharing Group.	In-Network	Out-of-Network	In-Network	Out-of-Network
Medical Benefits (benefits that may require pri	or authorization are n	oted with an "*")		
Dental – Preventive Services				
Exams (up to 2 per calendar year)	\$0 copay	50% coinsurance	\$0 copay	50% coinsurance
Cleanings (2 per calendar year)	\$0 copay	50% coinsurance	\$0 copay	50% coinsurance
X-rays (1 per calendar year to every 3 calendar years depending on the service)	\$0 copay	50% coinsurance	\$0 copay	50% coinsurance
Fluoride treatments (1 to unlimited per calendar year depending on the service)	Not covered		\$0 copay	50% coinsurance
Dental – Comprehensive Services				
Medicare-covered dental services	\$35 copay	40% coinsurance	\$35 copay	40% coinsurance
Diagnostic services	Not covered		Not covered	
Non-routine services	Not co	overed	Not covered	
Restorative services (1 per calendar year for BlueMedicare Saver Choice (PPO) and 1 to unlimited per calendar year depending on the service for BlueMedicare Premier Choice (PPO))	20% coinsurance	50% coinsurance	20% coinsurance	50% coinsurance
Endodontics (1 per calendar year)	Not co	overed	20% coinsurance	50% coinsurance
Periodontics (up to 2 per calendar year to every 3 calendar years depending on the service)	20% coinsurance	50% coinsurance	20% coinsurance	50% coinsurance

#### BlueMedicare Saver Choice (PPO) H3554-002

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Out\_of\_Network

#### BlueMedicare Premier Choice (PPO) H3354-007

Out\_of\_Network

Association FFO Network Sharing Group.	In-Network	Out-oi-Network	in-Network	Out-oi-Network
Medical Benefits (benefits that may require pri	or authorization are n	oted with an "*")		
Extractions (unlimited per calendar year)	20% coinsurance	50% coinsurance	20% coinsurance	50% coinsurance
Adjunctive general services (2 per calendar year)	Not co	overed	20% coinsurance	50% coinsurance
Prosthodontics, removable (up to 2 per calendar year to every 3 calendar years depending on the service for BlueMedicare Saver Choice (PPO) and up to 2 per calendar year to every 5 calendar years depending on the service for BlueMedicare Premier Choice (PPO))	20% coinsurance	50% coinsurance	20% coinsurance	50% coinsurance
Dental annual allowance (combined preventive and comprehensive services, in-network and out-of-network)	\$3,000		\$3,	000

#### **Dental Services – More Information**

- Covered dental services are subject to conditions, limitations, exclusions, and maximums.
- Network dentists have agreed to provide services at a negotiated rate. If you see a network dentist, you cannot be billed more than that rate.

Vision Services				
Medicare-covered diabetic retinopathy screening	\$0 copay	40% coinsurance	\$0 copay	40% coinsurance
Medicare-covered glaucoma screening	\$0 copay	40% coinsurance	\$0 copay	40% coinsurance
All other Medicare-covered eye exams	\$35 copay	40% coinsurance	\$35 copay	40% coinsurance
Medicare-covered eyewear	\$0 copay	40% coinsurance	\$0 copay	40% coinsurance

#### BlueMedicare Saver Choice (PPO) H3554-002

Association PPO Network Sharing Group.	In-Network	Out-of-Network	In-Network	Out-of-Network	
Medical Benefits (benefits that may require prior authorization are noted with an "*")					
Routine eye exam (1 per year)	\$0 copay	40% coinsurance	\$0 copay	40% coinsurance	
Routine eyewear – contact lenses and eyeglasses (lenses and frames) (unlimited up to annual allowance) and upgrades (up to the annual allowance)	\$0 copay	\$0 copay	\$0 copay	\$0 copay	
Routine eyewear annual allowance (combined in-network and out-of-network)	\$1:	50	\$250		
Mental Health					
Inpatient hospital*	\$375 copay per day for days 1–5; \$0 copay per day for days 6–90	40% coinsurance	\$375 copay per day for days 1–5; \$0 copay per day for days 6–90	40% coinsurance	
Outpatient mental health specialty and psychiatric visits (individual and group therapy sessions)	\$35 copay	40% coinsurance	\$35 copay	40% coinsurance	
Skilled Nursing Facility (SNF) Services*	\$0 copay per day for days 1–20; \$214 copay per day for days 21–100	40% coinsurance	\$0 copay per day for days 1–20; \$214 copay per day for days 21–100	40% coinsurance	
Rehabilitation/Therapy Services					
Physical therapy*	\$40 copay	40% coinsurance	\$40 copay	40% coinsurance	
Occupational therapy*	\$40 copay	40% coinsurance	\$40 copay	40% coinsurance	
Speech therapy*	\$40 copay	40% coinsurance	\$40 copay	40% coinsurance	

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part of the year, we cover out-of-network out-of-
Arkansas services at in-network cost sharing if
the services are performed by a provider who
participates in the Blue Cross and Blue Shield
Association PPO Network Sharing Group.

Association PPO Network Sharing Group.	In-Network	Out-of-Network	In-Network	Out-of-Network
Medical Benefits (benefits that may require pri	or authorization are no	oted with an "*")		
<b>Ambulance Services</b>				
Ground ambulance	\$325 copay	\$325 copay	\$325 copay	\$325 copay
Air ambulance	20% coinsurance	20% coinsurance	20% coinsurance	20% coinsurance
Transportation (health-related)	Not covered		Not covered	
Medicare Part B Drugs				
Insulin products (e.g., for an insulin pump)	\$35 copay	40% coinsurance	\$35 copay	40% coinsurance
Chemotherapy/Radiation drugs*	0%–20% coinsurance	40% coinsurance	0%–20% coinsurance	40% coinsurance
Other Part B drugs*	0%–20% coinsurance	40% coinsurance	0%–20% coinsurance	40% coinsurance

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Prescription Drug Benefits		
If your plan has a deductible, you'll begin in this stage when you fill your first prescription of the year if it's on a tier to which the deductible applies. You'll pay the full cost of these drugs until you reach the deductible amount. After that, you'll only pay your cost share. If your plan doesn't have a deductible, you'll start in the Initial Coverage Stage.		
Deductible	\$250	This plan does not have a deductible.
Deductible applies to these tiers	Tiers 4 and 5	Not applicable
Initial Coverage Stage  During this stage, our plan pays its share of the cost of your drugs, and you pay your share of the cost. You'll stay in this stage until your out-of-pocket costs (your payments only) reach \$2,000. Once you reach this amount, you will enter the Catastrophic Coverage Stage.		

BlueMedicare
Saver Choice (PPO)
H3554-002

Prescription Drug Benefits		
Standard Retail Pharmacy Cost Shares	30-Day / 100-Day Supply	30-Day / 100-Day Supply
Tier 1 (Preferred Generic)	\$0 copay / \$0 copay	\$1 copay / \$2.50 copay
Tier 2 (Generic)	\$10 copay / \$25 copay	\$10 copay / \$25 copay
Tier 3 (Preferred Brand)	\$47 copay / \$141 copay	\$47 copay / \$141 copay
Tier 4 (Non-Preferred Drug)	43% coinsurance / 43% coinsurance	50% coinsurance / 50% coinsurance
Tier 5 (Specialty Tier)	30% coinsurance / Not covered	33% coinsurance / Not covered
Mail-Order Pharmacy Cost Shares	<b>30-Day / 100-Day Supply</b>	<b>30-Day / 100-Day Supply</b>
Tier 1 (Preferred Generic)	\$0 copay / \$0 copay	\$1 copay / \$0 copay
Tier 2 (Generic)	\$10 copay / \$0 copay	\$10 copay / \$0 copay
Tier 3 (Preferred Brand)	\$47 copay / \$131 copay	\$47 copay / \$131 copay
Tier 4 (Non-Preferred Drug)	43% coinsurance / 43% coinsurance	50% coinsurance / 50% coinsurance
Tier 5 (Specialty Tier)	30% coinsurance / Not covered	33% coinsurance / Not covered
Catastrophic Coverage Stage After your yearly out-of-pocket drug costs	You will have no cost sharing for covered Part D drugs for the rest of the plan year.	You will have no cost sharing for covered Part D drugs for the rest of the plan year.
(including drugs purchased through retail pharmacies and mail order) reach \$2,000, you will enter the Catastrophic Coverage Stage.	You may have cost sharing for excluded drugs that are covered under our enhanced benefit.	You may have cost sharing for excluded drugs that are covered under our enhanced benefit.

#### BlueMedicare Premier Choice (PPO) H3554-007

#### **Prescription Drug Benefits**

#### **Prescription Drug Coverage – More Information**

- Cost shares for covered insulin products will not be more than a \$35 copayment for a 30-day supply regardless of the tier. Additionally, the Part D deductible will not apply to any covered insulin products.
- Cost shares for covered ACIP-approved vaccines will be a \$0 copayment regardless of the tier. Additionally, the Part D deductible will not apply to any covered ACIP-approved vaccine.
- Tier 2 includes coverage of certain excluded drugs for erectile dysfunction, which are not covered by Medicare. Please see the Formulary and EOC for more details.
- Cost sharing may differ based on the pharmacy type (e.g., retail, mail order, long-term care (LTC)) or by fill amount (i.e., 30-day or 100-day supply).
- If you receive "Extra Help," you may pay less for your Part D covered drugs depending on your level of "Extra Help."
  - Deductible: \$0
  - Generic drugs (on all tiers) 30-day or 100-day supply: \$0, \$1.60, or \$4.90 copayment
  - Brand drugs (on all tiers) 30-day or 100-day supply: \$0, \$4.80, or \$12.15 copayment
  - To see if you qualify for "Extra Help," please call the Social Security Office at **1-800-772-1213** Monday–Friday, 8:00 a.m.–7:00 p.m. TTY users should call **1-800-325-0778**.

For members who travel and live out-of-state for
part of the year, we cover out-of-network out-of-
Arkansas services at in-network cost sharing if
the services are performed by a provider who
participates in the Blue Cross and Blue Shield
Association PPO Network Sharing Group.

Association PPO Network Sharing Group.	In-Network	Out-of-Network	In-Network	Out-of-Network
Additional Medical Benefits (benefits that may	require prior authoriz	zation are noted with a	n "*")	
Podiatry Services (foot care)				
Medicare-covered services	\$35 copay	40% coinsurance	\$30 copay	40% coinsurance
Routine services (6 visits per year)	\$35 copay	40% coinsurance	\$30 copay	40% coinsurance
Medicare-Covered Chiropractic Services	\$15 copay	40% coinsurance	\$15 copay	40% coinsurance
Medical Equipment and Supplies				
Durable medical equipment (DME)*	20% coinsurance	20% coinsurance	20% coinsurance	20% coinsurance
Prosthetics*	20% coinsurance	20% coinsurance	20% coinsurance	20% coinsurance
Medical supplies*	20% coinsurance	20% coinsurance	20% coinsurance	20% coinsurance
Diabetic supplies – testing supplies from our preferred manufacturers Lifescan and Roche	\$0 copay (at a network pharmacy)	20% coinsurance	\$0 copay (at a network pharmacy)	20% coinsurance
Diabetic supplies – continuous glucose monitors (CGMs) from our preferred manufacturers Dexcom and FreeStyle	\$0 copay (at a network pharmacy)	20% coinsurance	\$0 copay (at a network pharmacy)	20% coinsurance
Diabetic therapeutic shoes or inserts*	\$0 copay	20% coinsurance	\$0 copay	20% coinsurance
Additional Rehabilitation Services				
Cardiac rehabilitation	\$10 copay	40% coinsurance	\$0 copay	40% coinsurance
Intensive cardiac rehabilitation	\$10 copay	40% coinsurance	\$0 copay	40% coinsurance
Pulmonary rehabilitation*	\$15 copay	40% coinsurance	\$15 copay	40% coinsurance

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part of the year, we cover out-of-network out-of-
Arkansas services at in-network cost sharing if
the services are performed by a provider who
participates in the Blue Cross and Blue Shield
Association PPO Network Sharing Group.

Association PPO Network Sharing Group.	In-Network	Out-of-Network	In-Network	Out-of-Network
Additional Medical Benefits (benefits that may require prior authorization are noted with an "*")				
Supervised exercise therapy for peripheral artery disease (PAD)*	\$10 copay	40% coinsurance	\$0 copay	40% coinsurance
Telehealth				
PCP, specialist, urgently needed, and outpatient mental health (individual and group therapy sessions) services	\$0 copay	Not covered	\$0 copay	Not covered

	In-Network	Out-of-Network	In-Network	Out-of-Network
Extra Benefits				
Walmart Wellness Benefits Card – OTC You'll be able to get over-the-counter (OTC) items from Walmart with our quarterly OTC benefit. Conveniently shop in-store at your local Walmart, online at Walmart.com, or through the Walmart app using your Walmart Wellness Benefits Card for OTC. (You can also call or mail in your order.) With thousands of products online and in store, an easy-to-use catalog, and a preloaded debit card, accessing your OTC benefit will be quick and easy. (Unused funds at the end of each quarter do not rollover to the next quarter.)	\$80 (per quarter)	Only the in-network benefit can be used.	\$50 (per quarter)	Only the in-network benefit can be used.

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	In-Network	Out-of-Network	In-Network	Out-of-Network
Extra Benefits				
Walmart Wellness Benefits Card – Food & Produce  If you have been diagnosed with a chronic health condition, you may be able to get the Walmart Wellness Benefits Card for food and produce. You can use the preloaded debit card to purchase healthy food and fresh produce from your local Walmart. (Only one debit card will be issued, which will have two separate allowances on it – one for OTC and the other for food and produce.) This food and produce benefit is a monthly allowance, and unused funds at the end of each month do not rollover to the next month.  The benefit mentioned here is part of a special supplemental program for chronically ill members with one or more of the following conditions: Cancer, chronic heart failure (CHF), diabetes, osteoporosis, or stroke. (Not all the eligible chronic conditions are listed here.)  Even if you have one of the listed chronic conditions, you may not receive the benefit		overed		covered
conditions, you may not receive the benefit because coverage depends on you being identified as a "chronically ill member" and that you meet the plan's criteria for this benefit.				

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	In-Network	Out-of-Network	In-Network	Out-of-Network
Extra Benefits				
Blue Medicare Sapphire Card You'll receive a pre-loaded Mastercard debit card to help reduce out-of-pocket expenses (in-network and out-of-network) for covered dental, vision, and hearing services. The annual allowance is combined for in-network and out-of-network services.	Not covered Not covered		overed	
In-Home Support Services  You can get a set number of hours per year for help with activities of daily living (ADLs) (e.g., bathing and dressing) and instrumental activities of daily living (IADLs) (e.g., errands and transportation to appointments). Scheduling your visits is easy and convenient (visits must be in two-hour or four-hour increments).	Not covered		Not co	overed
SilverSneakers® You'll have access to a fitness benefit at participating SilverSneakers facilities (instructor-led group exercise classes and exercise equipment), ways to get active outside of traditional gyms, and digital/virtual options. In-home fitness kits are also available.	\$0 copay	Only the in-network benefit can be used.	\$0 copay	Only the in-network benefit can be used.

#### BlueMedicare Premier Choice (PPO) H3554-007

	In-Network	Out-of-Network	In-Network	Out-of-Network
Extra Benefits				
24-Hour Nurse Advice Line	\$0 copay	Only the in-network benefit can be used.	\$0 copay	Only the in-network benefit can be used.
Additional Physical Exam  This is in addition to the Medicare-covered Annual Wellness Visit.	\$0 copay	40% coinsurance	\$0 copay	40% coinsurance
Meals Benefit Immediately following surgery or discharge from a hospital stay, you can get two nutritious meals per day for seven days (a total of 14 meals per year) delivered to your home.	\$0 copay	Only the in-network benefit can be used.	\$0 copay	Only the in-network benefit can be used.
Worldwide Emergency/Urgent Care Services Up to \$15,000 per year combined for emergency and urgently needed services outside the U.S.	20% coinsurance		20% coir	nsurance

Arkansas Blue Medicare is an affiliate of Arkansas Blue Cross and Blue Shield. Arkansas Blue Medicare offers HMO, PFFS, PPO, and PDP plans with Medicare contracts. Enrollment in Arkansas Blue Medicare depends on contract renewal.

#### **Pre-Enrollment Checklist**

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a customer service representative at 1-855-591-9794 (TTY: 711).

Unae	erstanding the Benefits
	The Evidence of Coverage (EOC) provides a complete list of all coverage and services. It is important to review plan coverage, costs, and benefits before you enroll. Visit <b>www.arkbluemedicare.com</b> or call <b>1-855-591-9794</b> (TTY: <b>711</b> ) to view a copy of the EOC.
	Review the Provider Directory (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.
	Review the Pharmacy Directory to make sure the pharmacy you use for any prescription medicine is in the network. If the pharmacy is not listed, you will likely have to select a new pharmacy for your prescriptions.
	Review the Formulary to make sure your drugs are covered.
Unde	erstanding Important Rules
	In addition to your monthly plan premium, you must continue to pay your Medicare Part B premium. This premium is normally taken out of your Social Security check each month.
	Benefits, premiums, and/or copayments/coinsurance may change on January 1, 2026.
	Our plan allows you to see providers outside of our network (non-contracted providers). However, while we will pay for covered services, the provider must agree to treat you. Except in an emergency or urgent situation, non-contracted providers may deny care. In addition, you will pay a higher copay for services received by non-contracted providers.
	Effect on Current Coverage: If you are currently enrolled in a Medicare Advantage plan, your current Medicare Advantage healthcare coverage will end once your new Medicare Advantage coverage starts. If you have Tricare, your coverage may be affected once your new Medicare Advantage coverage starts. Please contact Tricare for more information. If you have a Medigap plan, once your

use.

Medicare Advantage coverage starts, you may want to drop your Medigap policy because you will be paying for coverage you cannot